



Wiley *Practice Planner*®

Instructions



Start by selecting a Category

Create Wiley Progress Notes

[Back To List](#)

01. Categories

02. Problems

03. Notes

04. Interventions

05. Interventions Notes

06. Review

- ☒ Addiction
- ☐ Adolescent Psychotherapy
- ☐ Adult Psychotherapy
- ☐ Child Psychotherapy
- ☐ Couple Psychotherapy
- ☐ Family Therapy
- ☐ Severe And Persistent Mental Illness
- ☐ Veterans and Active Duty Military Psychotherapy

Next >>



Create Wiley Progress Notes

[Back To List](#)

01. Categories

02. Problems

03. Notes

04. Interventions

05. Interventions Notes

06. Review

Filter problems

<< Previous

Next >>

- + ☐ Adult-Child-Of-An-Alcoholic (ACA) Traits
- + ☐ Anger
- ☒ Antisocial Behavior
 - ☐ Rule-Breaking History
 - ☐ Disregard for Others' Rights
 - ☐ Blaming Others
 - ☐ Aggressive Behavior to Control Others
 - ☒ Dishonesty
 - ☐ Hedonistic Lifestyle
 - ☐ Lack of Empathy
 - ☐ Adolescent Criminal Activity
 - ☐ Recklessness/Thrill Seeking
 - ☐ Impulsivity
- + ☐ Anxiety
- ☒ Attention-Deficit/Hyperactivity Disorder (ADHD) - Adolescent
 - ☐ Short Attention Span
 - ☒ Distractibility
 - ☐ Poor Listening Skills
 - ☐ No Follow-Through on Instructions
 - ☐ Incomplete Classroom/Homework Assignments
 - ☐ Unfinished Chores

Choose an overall Problem and associated issues



**Corresponding Notes will
be displayed connected to
Problems to choose from**

Create Wiley Progress Notes [Back To List](#)

01. Categories 02. Problems 03. Notes 04. Interventions 05. Interventions Notes 06. Review

Antisocial Behavior

Dishonesty

Notes:

- ☐ The client reported a pattern of lying to cover up his/her responsibility for action or substance abuse, with little shame or anxiety attached to this pattern of lying.
- ☒ The client seemed to be lying during the session.
- ☐ The client acknowledged that his/her dishonesty produced conflicts within relationships and distrust from others.
- ☐ The client has committed himself/herself to being more honest in interpersonal relationships.

Attention-Deficit/Hyperactivity Disorder (ADHD) - Adolescent

Distractibility

Notes:

- ☐ The parents and teachers report that the client is easily distracted by extraneous stimuli and his/her own internal thoughts.
- ☒ The client appeared highly distractible during today's therapy session and often had to be redirected to the topic being discussed.
- ☐ The client often has to be redirected to tasks at home or school because of his/her distractibility.
- ☐ The client appeared less distractible and more focused during today's therapy session.
- ☐ The client has appeared less distractible and more focused at home and school.

<< Previous Next >>



Create Wiley Progress Notes [Back To List](#)

01. Categories 02. Problems 03. Notes 04. Interventions 05. Interventions Notes 06. Review

Antisocial Behavior << Previous Next >>

- ☐ Identify Antisocial and Addictive Behavior as Self-Defeating
- ☐ Recognize Reciprocity of Antisocial and Addictive Behavior
- ☐ Administer Antisocial Behavior Rating Scales
- ☐ Recognize Insanity
- ☐ Assess Level of Insight
- ☐ Assess for Correlated Disorders
- ☐ Assess for Culturally Based Confounding Issues
- ☐ Assess Severity of Impairment
- ☐ Review the Rules and Consequences for Failure to Comply
- ☐ Review Rule Breaking and Natural Consequences
- ☐ Teach About Empathy
- ☒ Teach About Criminal Thinking
- ☐ Teach About the Effects of Dishonesty
- ☐ Connect Criminal Activity and Low Self-Esteem
- ☐ Link Criminal Thinking to Antisocial Behavior and Addiction
- ☐ Identify How Blaming Results in Continued Mistakes
- ☐ Explore Reasons for Blaming
- ☐ Confront Projection
- ☐ Teach the Difference Between Antisocial and Prosocial Behaviors
- ☒ Confront Disrespect
- ☐ List Typical Antisocial Thoughts and Alternative Thoughts
- ☐ Teach Recovery Group Involvement
- ☐ Confront Rule Breaking
- ☐ Address Legal Problems
- ☐ Teach About Helping Others via Recovery Groups
- ☐ Practice Encouraging Others
- ☐ List the Value of Trust in Others
- ☐ Identify Prosocial Replacement Behaviors
- ☐ Confront Denial of Responsibility
- ☐ Emphasize Keeping Commitments
- ☐ Establish Sponsor Relationship
- ☐ Develop an Aftercare Plan
- ☐ Teach the Family About Criminal Thinking
- ☐ Encourage Family Recovery
- ☐ Teach Conflict Resolution Techniques
- ☐ Direct Family Members to List Support for Recovery
- ☐ Develop 5-Year Plan

Create an Intervention from the list



Add an Intervention Note

Create Wiley Progress Notes

[Back To List](#)[01. Categories](#)[02. Problems](#)[03. Notes](#)[04. Interventions](#)[05. Interventions Notes](#)[06. Review](#)

Antisocial Behavior

Teach About Criminal Thinking

Notes:

- ☐ The client was taught that actions do not spontaneously occur, but rather are preceded by a variety of decisions.
- ☒ The client was asked to review how his/her decisions are sometimes based in criminal thinking.
- ☐ The client was asked to list five times that antisocial behavior led to negative consequences, and to also list the many decisions that were made along the way.
- ☐ The client was helped to see how many negative consequences are preceded by decisions based in criminal thinking.
- ☐ It was pointed out to the client that he/she justifies his/her antisocial attitude as the way that he/she learned to live because of childhood or other socialization processes.

Confront Disrespect

Notes:

- ☒ The client was confronted consistently and firmly when he/she exhibited an attitude of disrespect for the rights and feelings of others.
- ☐ It was firmly and consistently emphasized to the client that others have a right to boundaries, privacy, and respect for their feelings and property.
- ☐ Thoughtful attitudes and beliefs about the welfare of others, as well as respect for others, were modeled for the client.

[<< Previous](#)[Next >>](#)



Review and Generate the Notes

Create Wiley Progress Notes

[Back To List](#)

01. Categories

02. Problems

03. Notes

04. Interventions

05. Interventions Notes

06. Review

Category : Addiction

Problem : **Anger**

Presentation : Episodic Excessive Anger

Notes:

1. The client described a history of loss of temper in response to specific situations.

Intervention : Assess Anger Dynamics

Intervention Notes:

1. The client was assessed for various stimuli that have triggered his/her anger.

<< Previous

 Generate Progress Notes >>



7/2021 Service Date Office Other Notes

Duration in minutes
Session Duration Primary Provider *
TABE AMBILICHU, MOSES MD

Mental Status ☐ Check To Mark All Within Normal Limit

Appearance Orientation
Choose option Choose option

Behavior Speech
Choose option Choose option

Affect Mood
Choose option Choose option

Thought Process Thought Content
Choose option Choose option

Perception Judgement
Choose option Choose option

Insight Appetite
Choose option Choose option

Sleep Suicidality
Choose option Choose option

Homicidality
Choose option

Save

Category : Addiction

Wiley Progress Problems List

PROBLEM	PRESENTATION	NOTES
Anger	Episodic Excessive Anger	The client described a history of loss of temper in response to specific situations.

Wiley Progress Intervention List

PROBLEM	INTERVENTION	INTERVENTION NOTES
Anger	Assess Anger Dynamics	The client was assessed for various stimuli that have triggered his/her anger.

Generate your Notes, adding service date, time and place of service. Additional Notes may be added. Mental Status and a default to Normal Limit is available












Notes will be saved by Service Date. They can be downloaded and printed.

Wiley Notes List

[+ Add Wiley Progress Note](#)

10 ▾

Search:

CATEGORY NAME ▴	PROVIDER NAME ▴ ▾	SERVICE DATE ▴ ▾	ACTION ▴ ▾
Addiction	BELUS, MICHAEL PsyD	01/27/2021	  
Adult Psychotherapy	BELUS, MICHAEL PsyD	12/05/2019	  
Adult Psychotherapy	BELUS, MICHAEL PsyD	12/05/2019	  

Showing 1 to 3 of 3 entries

[<<](#) **1** [>>](#)



Thank You!

FOR CHOOSING DENmaar!

Please email any questions related to Wiley *Practice Planners*®
to Emily Thomas at emily@denmaar.com.